

Books That Transformed My Life & Enriched My Spiritual Path

Love, Medicine and Miracles | Bernie Siegel

This book opened my eyes to the deep connection between thoughts, feelings, and the physical body.

A Course in Miracles: A Foundation for Inner Peace | Dr. Helen Shucman

I can't say I've read all of it, but it never fails to give me spiritual insights that are good for introspection.

The Power of Now: A Guide To Spiritual Enlightenment | Eckhart Tolle

This book fed my philosophical mind and helped me explore my own spirituality.

The New Earth | Eckhart Tolle

Wow! This one really impacted me. Learning that our existence is much more than our life experiences.

The Four Agreements: A Practical Guide to Personal Freedom | Don Miguel Ruiz

We don't see Truth because we are blinded by our false beliefs. The Four Agreements eliminate drama!

The Untethered Soul: The Journey Beyond Yourself | Michael A. Singer

So much about this book influenced my life. It came at the perfect time!

Conversations with God: An Uncommon Dialogue | Neale Donald Walsch

Growing up learning about God in church was a solid foundation for me, but personalizing God through conversation deepened my connection and trust in God.

Mutant Message Down Under | Marlo Morgan

Explores self-discovery and the connection between humans and nature.

Whatever Arises, Love That | Matt Kahn

This helped reinforce the concept that everything was happening FOR me, not TO me.

The Book Of Awakening | Mark Nepo

The BEST daily inspirational messages - I'm on my 4th year!

When Things Fall Apart, Heart Advice for Difficult Times | Pema Chödrön

This book caught me in a freefall and became a buoy for me in some of my darkest days.

Excuse Me, Your Life Is Waiting, The Astonishing Power of Feelings | Lynn Grabhorn

Reading this book was refreshing and inspiring and called me up to live life with intention.

These are just a few, but they arrived at the perfect moment and offered exactly the guidance I needed.
What about you? Which books have shaped your soul, your life, or your reality?